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# JANGIPUR COLLEGE

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P.O.-Jangipur, Dist.-Murshidabad, Pin-742213



# Report

## Outcomes of Extension Activities in the Neighbourhood Community

Dr. Prarthita Biswas  
Principal  
Jangipur College

Principal  
Jangipur College  
P.O.- Jangipur, Dist.- Murshidabad  
Pin- 742213



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Session: 2018-19 to 2022-23

**1. Seminar on Sensitization Programme -Female Health and hygiene towards sustainable sanitation (in collaboration with Chandnichakhat Association Rural, Social and Health Advancement (Niti Ayog Regn No. WB/2009/0007411))**

<b>Title of the Event</b>	<b>Seminar on Sensitization Programme - Female Health and hygiene towards sustainable sanitation (in collaboration with Chandnichakhat Association Rural, Social and Health Advancement (Niti Ayog Regn No. WB/2009/0007411))</b>
<b>Nature of the Event</b>	<b>National Level Seminar</b>
<b>Date(s) &amp; Time</b>	<b>8.3.2019; 12.00 PM – 2.30 PM</b>
<b>Organized by</b>	<b>Womens Cell, Jangipur College</b>
<b>Resource Person(s) with Affiliation Details</b>	<b>Dr R.P. Chakraborty, Neuropsychiatrist, Manobikshan, Mr. Kaustav Parajuli, Family Therapist of Manobikshan &amp; Shri Suvaccha Chakraborty, Intern in Manobikshan.</b>
<b>G-Meet Link (if applicable)</b>	<b>NA</b>
<b>You Tube Link (if applicable)</b>	
<b>Total No. of Participants</b>	<b>72</b>

**Objectives:**

- Creating awareness for female health issues and menstrual hygiene**  
One of the most pressing developmental issues is female health and hygiene especially in a country like India where about half of the population of the country constitute women who lack access to basic hygiene. The problem is severe in rural areas where girls drop out of school because of lack of proper toilets and a whole lot of stigma and embarrassment is attached to the issue of female hygiene especially menstrual hygiene
- Sensitizing students and faculty members on the good practices of sanitation**  
To educate students of rural area on the account of the use of hygienic sanitary methods. A great deal of miscommunication that is already prevalent on menstrual health and hygiene creates an impression on formative minds that menstruation is taboo. Therefore, girls feel hesitant and shy to come out in the open and discuss menstrual health and hygiene. Family plays a very important role in magnifying this silence on menstruation especially mothers of girls who think that to menstruate is being “dirty.”

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- **To educate women and girls about the safe and sustainable disposal of sanitary napkins**

The idea was to educate girls on the ways of disposal of sanitary items and their consequences on environment

## Context: (Concept Note)

Adolescent girls continue to be ignorant of the scientific facts and sanitary health practices related to menstruation, which can have negative health effects. Menstruation and menstrual practices are still tainted by taboos and socio-cultural constraints. A crucial component of health education for teenage girls is menstrual hygiene, which is a significant risk factor for infections of the reproductive system. Today's teenage girls are in need of the crucial message of proper menstrual hygiene, and they may acquire this message from a variety of sources, including informed parents, enthusiastic teachers, school nurses, and educational television programs. According to the United Nations, *"In 2016, one third of all primary schools lacked basic drinking water, sanitation and hygiene services, affecting the education of millions of schoolchildren, but particularly girls managing menstruation, and one in four health-care facilities worldwide lacked basic water services, affecting more than 2 billion people."*

Teenage girls are a particularly vulnerable population in India, where female children are often ignored. In Indian society, menstruation is still seen as filthy or disgusting. The way one responds to menstruation depends on their level of awareness and understanding. When a girl is taught about menstruation and the changes which accompany along with it may affect how she reacts to menarche. Despite being a natural occurrence, menstruation is associated with a number of myths and practices that can occasionally have a negative impact on one's health. Women's hygiene habits during their periods are very important since they affect their health by making them more susceptible to infections of the reproductive tract (RTI). It is evident how menstrual hygiene habits, RTI, and socioeconomic position interact. Millions of women today suffer from RTI and its aftereffects, and the virus frequently spreads to the mother's unborn child. Women who are more knowledgeable about safe practices and menstrual hygiene are less susceptible to RTI and its aftereffects. Consequently, raising awareness of menstruation from an early age could improve safe practices and lessen the agony that millions of women endure. Girls should be educated about the facts of menstruation, its physiological effects, its importance in the development of secondary sexual traits, and—above all—appropriate hygienic practices, including the use of disposable sanitary menstrual absorbents, before making any changes to their menstrual practices.

The event was organized with the encouragement and able guidance of the chief patron Dr. Naba Kumar Ghosh (Teacher In-Charge) and women's cell of Jangipur College. Connecting hygiene with mental health is not usually prioritised in sensitization drives of educational institutions. Inertia to speak about the psychosexual issues usually complicates the matter. Therefore, the Women's Cell under the aegis of the IQAC took up the initiative to spread awareness about mental and psych-social health, especially for girl students of a rural college. As a part of the endeavour, few resource persons from the reputed and well-established organization, Manobikshan was invited to deliver lecture and sensitize students on such a significant issue. The event began with the welcome address of the Teacher-in-Charge of the

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college, Dr Naba Kumar Ghosh. The keynote address was delivered by Dr. Rudra Prasad Chakraborty, Neuropsychiatrist, Manobikshan. He explained in details how emotions regulate mental health in people and how our neural mechanisms provide insights into mental illness. The second speaker, Mr. Kaustav Parajuli, psychologist, discussed how hygiene deteriorates out of exhaustion. The last speaker was Suvetcha Chakraborty, an intern with Manobikhon who dealt with the preservation and promotion of mental health and hygiene. The entire event was conducted in an interactive way.

**Evidence of Success:** (Feedbacks obtained offline reveal that the event was a success)

**Challenges Faced:**

1. Paucity of Funds
2. Lack of enough space in the Auditorium



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**JANGIPUR COLLEGE**  
**IQAC & Women's Cell**

**Organizes Sensitization event on**

**Female health and hygiene**  
**Towards sustainable sanitation**

**Estemeed Speakers**

**DR R.P. CHAKRABORTY**  
Neuropsychiatrist, Manobikshan

**MR. KAUSTAV PARAJULI**  
Family Therapist of Manobikshan

**SHRI SUVECCHA CHAKRABORTY**  
Intern in Manobikshan

**March 8, 2019**  
Time : 12.00 noon  
College Seminar Hall

Contact:  
[jangipurcollege@yahoo.com](mailto:jangipurcollege@yahoo.com)

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## 2. EVENT TITLE: COVID 19 Vaccination Programme

### EVENT TITLE: COVID 19 Vaccination Programme

ORGANIZED BY: NSS Jangipur College Unit

DATE: 07-10-2021, 08-10-2021

#### OBJECTIVE:

- 1. Reduction of overall COVID-19 severity and mortality:**  
The main objective of COVID 19 Vaccination Programme was to reduce the health risk of the students of Jangipur College and encourage them to resume coming to college as soon as possible.
- 2. Enhance confidence among different sections of students:**  
Organizing such programmes could help us assure our students and their families that we as an organization always stand for their goodwill, both academic as well as health betterment are important for us.

#### SHORT DESCRIPTION OF THE EVENT:

The NSS units of our college have arranged Vaccination camp at our college campus for the students. More than **560 students** have benefited by this event. Principal of our college had inaugurated the event. This campaign was mainly organized in order to prevent the fellow beings of our college and public people to be not get affected by Covid-19 disease.

The programme was organized in two phases, Day1 on 7<sup>th</sup> Oct, 2021 and Day 2 on 8<sup>th</sup> Oct 2021. The college had arranged vaccination for Covaxin and Covishield as per registered by the students as per their choice. Both 1<sup>st</sup> and 2<sup>nd</sup> dose were provided during the programme.

Careful sterilisation and preparation was essentially kept in mind while executing the entire programme. In order to maintain such a huge crowd, separate designated rooms were allotted as per the isolation norms. Masks were provided to those who didn't carry the same apart from mandatory alcohol sterilisation.

The arrangement was crucial for imparting confidence among all the sections of students, especially those belonging to the so called vulnerable sections of the society to not fear the pandemic, rather be preventive of it and continue their studies whatsoever the situation comes.

**No. of Participants: 45**

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## PHOTO GALLERY



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## **3. BLOOD DONATION CAMP (a) Held on 07.03.2019**

### **EVENT TITLE: BLOOD DONATION CAMP**

**ORGANIZED BY:** NSS Jangipur College Unit in Collaboration with Jangipur Super Specialty Hospital

**DATE:** 07.03.2019

### **OBJECTIVES:**

#### **1. Meeting Blood Demand:**

The primary objective of the event was to motivate the local community for blood donation. Recognizing the constant demand for blood in medical emergencies, surgeries, and treatments, the NSS aimed to mobilize volunteers to donate blood and contribute to saving lives.

#### **2. Promoting Health Awareness:**

Another key objective was to promote health awareness and encourage regular blood donation among students, college staff, and members of the local community. Through informational sessions and educational materials, participants were informed about the importance of blood donation in supporting patient care and ensuring adequate blood stocks for medical facilities.

#### **3. Fostering Community Engagement:**

Additionally, the event aimed to foster community engagement and social responsibility by bringing together individuals from diverse backgrounds to contribute towards a common cause. By partnering with the Jangipur Super Specialty Hospital, the NSS sought to establish a collaborative platform for blood donation and healthcare advocacy, thereby strengthening ties between the college and the local healthcare infrastructure.

### **SHORT DESCRIPTION OF THE EVENT:**

The **Blood Donation Camp** organized by the NSS of Jangipur College in collaboration with the Jangipur Super Specialty Hospital, witnessed an overwhelming response from students, faculty, and members of the local community. On March 7, 2019, the college campus was abuzz with activity as volunteers gathered to donate blood and support the noble cause of saving lives.

The event kicked off with an inaugural ceremony, during which the significance of blood donation and the objectives of the camp were highlighted. Medical professionals from the



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Jangipur Super Specialty Hospital delivered informative talks on the importance of blood donation, dispelling myths and misconceptions surrounding the process and emphasizing its life-saving impact.

Following the inaugural ceremony, eligible volunteers underwent preliminary health screenings to ensure their suitability for blood donation. Those cleared for donation proceeded to the donation area, where trained medical staff guided them through the donation process with care and expertise. Participants were provided with refreshments and resting areas post-donation to ensure their well-being.

The atmosphere was characterized by a spirit of altruism and solidarity as individuals from all walks of life came forward to donate blood, transcending barriers of caste, creed, and age. College students, faculty members, and local residents alike enthusiastically participated in the camp, underscoring their commitment to serve the community.

Through collaborative efforts and unwavering dedication, the NSS of Jangipur College and the Jangipur Super Specialty Hospital reaffirmed their commitment to saving lives and promoting the well-being of the community, one donation at a time.

**NO. OF PARTICIPANTS: 71**



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**(b) Held on 15.12.2020**

## **EVENT TITLE: BLOOD DONATION CAMP (IN COLLABORATION WITH JANGIPUR SUPER SPECIALITY HOSPITAL)**

**ORGANIZED BY:** NSS Jangipur College Unit

**DATE:** 15.12.2022

### **OBJECTIVES:**

#### **1. Promote the Importance of Blood Donation:**

To educate participants and the local community about the critical need for blood donations and the life-saving impact they can have. This includes raising awareness about the constant demand for blood in hospitals and the role that regular donors play in ensuring a steady supply.

#### **2. Facilitate Safe and Efficient Blood Collection:**

To provide a well-organized and safe environment for blood donation in collaboration with Jangipur Super Speciality Hospital. This involves ensuring that all safety protocols are followed, medical staff are present to oversee the procedure, and donors are comfortable and well-informed throughout the process.

#### **3. Encourage Community Participation and Volunteerism:**

To foster a sense of community responsibility and volunteerism among participants. The objective is to encourage individuals to become regular blood donors and to inspire others in the community to participate in future blood donation drives, thereby strengthening the culture of giving and mutual support.

### **SHORT DESCRIPTION OF THE EVENT:**

On December 15, 2022, the National Service Scheme (NSS) unit of Jangipur College organized a Blood Donation Camp in collaboration with Jangipur Super Speciality Hospital. The event took place at Jangipur College in Jangipur, Murshidabad, West Bengal, and saw the participation of 80 enthusiastic volunteers, including students and faculty members.

The primary objective of the camp was to promote the importance of blood donation. Volunteers and medical professionals from Jangipur Super Speciality Hospital provided informative sessions to educate attendees about the critical need for blood donations and the life-saving impact they can have. They highlighted the ongoing demand for blood in hospitals and how regular donations can ensure a steady supply for patients in need. Participants were made aware of how their contributions could potentially save lives, emphasizing the profound humanitarian aspect of blood donation.

Another key focus of the event was to facilitate safe and efficient blood collection. The camp was meticulously organized to ensure that all safety protocols were strictly followed. Medical staff from Jangipur Super Speciality Hospital were present to oversee the entire donation process, ensuring that donors were well-informed and comfortable throughout. Proper hygiene

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and sanitation measures were in place, and donors were provided with refreshments and post-donation care to ensure their well-being.

The camp also aimed to encourage community participation and volunteerism. By involving a diverse group of participants, the event fostered a sense of community responsibility and highlighted the importance of collective action in addressing public health needs. Volunteers from the NSS unit played a crucial role in organizing the event, guiding donors, and managing logistics. Their dedication and enthusiasm set a positive example for others, demonstrating the impact of community-led initiatives in promoting health and well-being.

Interactive activities and discussions were held to engage participants and further emphasize the importance of blood donation. Donors shared their experiences, and first-time donors were encouraged by the supportive environment created by their peers and the organizing team. The camp not only facilitated the collection of much-needed blood but also inspired many to consider becoming regular donors, thereby strengthening the culture of giving within the community.

The Blood Donation Camp was a resounding success, achieving its goals of raising awareness, ensuring safe blood collection, and fostering community spirit. The collaboration with Jangipur Super Speciality Hospital was instrumental in providing the necessary medical expertise and support, ensuring that the camp ran smoothly and effectively. The NSS unit of Jangipur College demonstrated exemplary leadership and organizational skills, reinforcing the importance of such initiatives in enhancing public health.

Overall, the event left a lasting impact on all participants, highlighting the power of voluntary action and the profound difference that individuals can make in their community. The Blood Donation Camp not only met its immediate objectives but also laid the groundwork for future blood donation drives, contributing to a healthier and more resilient society.

**NO. OF PARTICIPANTS: 80**

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## PHOTO GALLERY OF THE EVENT:



**স্বাস্থ্য** **জঙ্গিপুর কলেজে রক্তদান শিবির** **ছবি**

রাষ্ট্র আন্দোলী • জঙ্গিপুর  
 আন্দোলন: মুর্শিদাবাদের জঙ্গিপুর  
 কলেজের আয়োজিত স্বেচ্ছা সেবায়  
 থেকে রক্তদানের একটি শিবির  
 শিবিরের আয়োজন করা হয়। উক্ত  
 শিবিরে মোট ৩৫ জন দাতা রক্ত  
 দান করেছেন।

এই  
 প্রাথমিক  
 পর্যায়ে  
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 শিবির  
 আয়োজন  
 করা হয়েছে।  
 আগামীতে  
 আরও  
 বেশি  
 মানুষকে  
 রক্তদান  
 শিবিরে  
 আনার  
 উদ্দেশ্যে  
 প্রচেষ্টা  
 চালানো  
 হবে।

সেই  
 আন্দোলন  
 শিবিরের  
 পরিচালনা  
 করেছেন  
 জঙ্গিপুর  
 কলেজের  
 প্রধান  
 শিক্ষক  
 ড. সত্যজিৎ  
 কলিতা।



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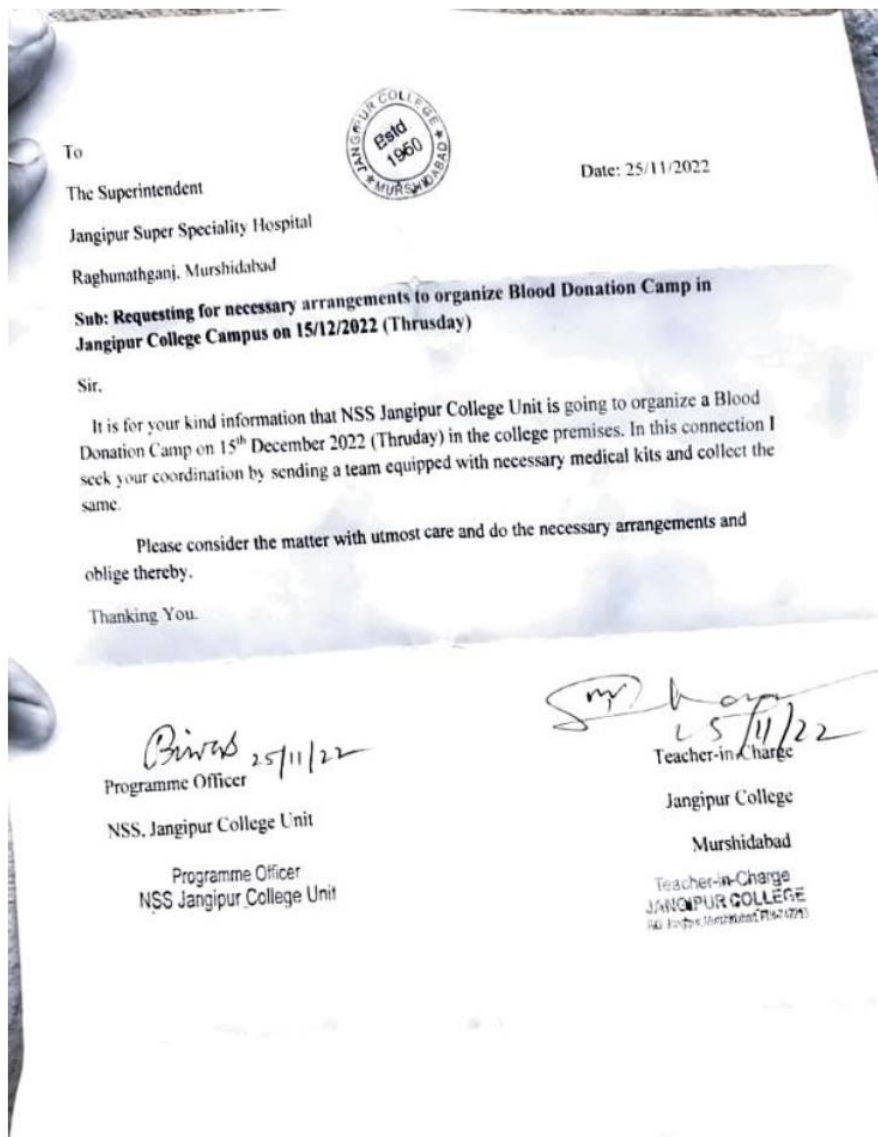
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## OTHER SUPPORTING DOCUMENT:



Received but not Verified  
For, Superintendent, J.S.O. Hqs.  
Dist. Murshidabad  
25/11/22

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## 4. AIDS Awareness Program

### EVENT TITLE: AIDS Awareness Program

ORGANIZED BY: NSS Jangipur College Unit

DATE: 1.12.2021

#### OBJECTIVES:

- 1. Raise Public Knowledge and Awareness of HIV/AIDS:**  
To inform the public about the origins, spread, and prevention of HIV/AIDS. This entails educating people about the virus, dispelling myths and misconceptions, and raising awareness of the significance of routine testing and early detection.
- 2. Encourage Safe Practice Adoption and Preventive Measures:**  
To motivate safe practice adoption in order to stop the spread of HIV/AIDS. This entails promoting condom usage, safe sexual practices, and harm reduction tactics for individuals who are vulnerable. The goal is to provide people with the information and resources they need to defend both themselves and other people.
- 3. Lessen HIV/AIDS-Related Stigma and prejudice:**  
To fight against the stigma and prejudice that people living with HIV/AIDS must endure. By bringing attention to the difficulties faced by those impacted, inspiring empathy, and fostering a culture of acceptance and support for those living with HIV/AIDS, the rally seeks to create a caring and inclusive community.

#### SHORT DESCRIPTION OF THE EVENT:

At honour of World AIDS Day, the Jangipur College National Service Scheme (NSS) unit held a "AIDS Awareness Rally" at Jangipur, Murshidabad, West Bengal, on December 1, 2021. 86 people, including staff members and students, attended the event. Everyone there was dedicated to supporting preventive measures in the community and increasing public awareness of HIV/AIDS.

The purpose of the event was to raise public awareness and understanding of HIV/AIDS. Holding banners and posters with educational messages about the causes, transmission, and prevention of HIV/AIDS, participants marched through the streets of Jangipur. They disseminated leaflets and instructional materials, dispelling beliefs about the virus and highlighting the significance of early detection and routine testing. This endeavour was essential in clearing up misunderstandings and teaching the public about the transmission and prevention of HIV/AIDS.

An additional principal aim of the demonstration was to encourage precautionary and safe practices. Participants actively promoted harm-reduction techniques for individuals who are vulnerable as well as safe sexual practices, such as using condoms. They interacted with individuals of the community, outlining the significance of these measures in halting the HIV/AIDS epidemic. Exhibitions and

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At strategic locations along the rally route, educational presentations were conducted to provide people with useful tips and motivate them to take proactive measures to protect themselves and their loved ones from HIV.

Reducing HIV/AIDS-related stigma and discrimination was another goal of the demonstration. Participants conveyed sentiments of compassion, understanding, and encouragement for people dealing with HIV/AIDS. They conversed with locals, bringing attention to the difficulties experienced by people afflicted by the virus and advocating for a welcoming and caring community. The purpose of the demonstration was to promote acceptance and solidarity among those living with HIV/AIDS, as well as to increase understanding and lessen the social isolation that these people frequently feel.

To involve the community and improve knowledge, interactive conversations and activities were planned. Role-plays, skits, and open forums were among the events where participants and community members may exchange ideas and personal stories. The occasion offered a forum for candid discussion, facilitating the sharing of ideas and encouraging a deeper understanding of the issues related to HIV/AIDS.

The "AIDS Awareness Rally" was a noteworthy and influential occasion that effectively increased the Jangipur community's knowledge of HIV/AIDS. The Jangipur College NSS unit showed excellent leadership in planning the demonstration, emphasizing the value of community support, education, and preventive measures in the battle against HIV/AIDS. In addition to educating the public, the event promoted empathy and a sense of community, highlighting our shared duty to help those who are living with HIV/AIDS and to fight toward a future devoid of prejudice and stigma.

All things considered, the demonstration was a huge success and had a long-lasting effect on the local community as well as the participants. It emphasized the strength of group effort and the necessity of raising public health issues through education and awareness.

All community members were urged to take part in the fight against HIV/AIDS and support a society that is healthier and more inclusive by attending the event.

**No. of Participants: 86**

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## 5. Mask Distribution and COVID Awareness Postering

### EVENT TITLE: Mask Distribution and COVID Awareness Postering

ORGANIZED BY: NSS Jangipur College Unit

DATE: 05-10-2020

#### OBJECTIVE:

- 1. Reduction of overall COVID-19 severity and mortality:**  
The main objective of COVID 19 Vaccination Program was to reduce the health risk of the students of Jangipur College and encourage them to resume coming to college as soon as possible.
- 2. Enhance confidence among different sections of students:**  
Organizing such Programs could help us assure our students and their families that we as an organization always stand for their goodwill, both academic as well as health betterment are important for us.
- 3. Promote Safe Practices and Preventive Measures:**  
To encourage the adoption of safe practices to prevent the spread of COVID 19. This involves advocating for the use of masks and educate about reduction strategies for those at risk. The objective is to empower individuals with the knowledge and tools to protect themselves and others.

#### SHORT DESCRIPTION OF THE EVENT:

On October 5, 2020, the National Service Scheme (NSS) unit of Jangipur College organized "Mask Distribution and COVID Awareness Postering" in Jangipur, Murshidabad, West Bengal. The event drew 27 volunteering students apart from and faculty members, all committed to raising awareness about COVID 19 and promoting preventive measures within the community.

The rally aimed to increase public awareness and knowledge about the pandemic. Participants marched through the streets of Jangipur, holding banners and placards with informative messages about the causes, transmission, and prevention of COVID. They distributed MASKS and educational materials, providing accurate information about the virus, debunking common myths, and emphasizing the importance of regular testing and early detection. This effort was crucial in dispelling misconceptions and educating the community on how COVID is transmitted and prevented.

Another main goal of the demonstration was to promote safety procedures and preventative measures. Participants fervently promoted mask and steriliser use, as well as isolation if susceptible. At strategic locations throughout the protest route, instructive lectures and demonstrations were presented to offer helpful guidance and

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motivate people to take proactive measures to protect themselves and their loved ones against COVID-19.

Participants had discussions with locals, bringing attention to the difficulties experienced by those afflicted by the virus and advocating for a welcoming and supporting community. Interactive discussions and events were organized in order to increase knowledge and involve the community. Events that allowed participants and community members to discuss ideas and first-hand accounts included role-plays, skits, and open forums. The "Mask Distribution and COVID Awareness Postering" was a noteworthy and influential event that effectively increased community awareness of COVID in Jangipur. The Jangipur College NSS unit exhibited excellent leadership in planning the demonstration, emphasizing the value of community support, education, and preventive measures in the battle against COVID. In addition to educating the public, the event promoted empathy and a sense of community, highlighting our shared duty to help those who are living with COVID and to fight toward a future devoid of prejudice and stigma.

**No. of Participants: 27**

## PHOTO GALLERY



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## **6. Puneet Sagar Abhiyaan and World Environment Day (a) 29.05.2021 to 05.06.2021**

### **EVENT TITLE: Puneet Sagar Abhiyaan and World Environment Day**

**ORGANIZED BY:** NCC Jangipur College Unit

**DATE:** 29/5/2021 to 5/6/2021

#### **OBJECTIVE:**

##### **1. Promote Environmental Awareness:**

Spread knowledge about important environmental issues, like pollution, deforestation, climate change, and biodiversity loss, among participants and the local community. The purpose of the event is to promote a better knowledge of how human activity affects the environment and how important sustainable habits are.

##### **1. Encourage Sustainable Practices:**

To motivate people to embrace eco-friendly behaviors and sustainable lifestyles. This entails courses and events centered on recycling, waste management, protecting the environment, and the advantages of green technology, with the goal of encouraging people to live more sustainably.

##### **2. Involve and Empower the Community:**

Encourage the neighborhood to take part in environmental conservation initiatives and provide them with the tools they need to act as a group. The event aims to foster a sense of community responsibility and active participation in maintaining and conserving the environment for future generations by planning tree plantation drives, clean-up events, and interactive sessions.

#### **SHORT DESCRIPTION OF THE EVENT:**

"Puneet Sagar Abhiyan and World Environment Day" was a comprehensive environmental project that the NCC Jangipur College Unit coordinated from May 29, 2021, to June 5, 2021. The purpose of this week-long event was to promote proactive environmental stewardship and increase environmental consciousness among students, educators, and the community at large. A total of 165 people took part in events and initiatives aimed at encouraging environmental responsibility and sustainability.

Day 1: An inaugural program kicked off the event and established the tone for the entire week. A college campus cleaning drive that emphasized the value of preserving a

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clean and healthy environment was held after this. Participants came together to clean and beautify the campus.

Day 2: The college grounds were the site of a tree planting initiative. After learning about the importance of afforestation and its role in reducing climate change and promoting biodiversity, participants planted a variety of tree types.

Day 3: Participants carried out an extensive cleaning program at the nearby hospital in Jangipur as part of the effort. In addition to enhancing hospital hygiene, this action made clear how crucial it is for public health facilities to be hygienic and clean.

Day 4: There was an environmental awareness event, and people marched through Jangipur's streets with signs and banners for environmental preservation. The purpose of the demonstration was to encourage eco-friendly behavior in the neighborhood and increase public awareness of urgent environmental challenges.

Day 5: The cleaning program extended at the Jangipur bus stand. In order to show the value of community involvement in preserving public areas and to inspire others to do the same, participants cooperated to clean the area.

Day 6: Discussions and hands-on activities on a range of environmental subjects were part of an environmental awareness program. Participants' knowledge of environmental concerns was enhanced by the experts' and activists' ideas on sustainability, waste management, and the value of protecting natural resources.

Day 7: The Puneet Sagar Abhiyaan and Ganga Cleaning Program marked the end of the week. To clean up the region and get rid of trash and pollutants, people gathered along the Ganga River's banks. This exercise emphasized how important it is to keep water bodies pure and free from contamination in the future.

The program encouraged a strong sense of community and teamwork among attendees throughout the whole week. Through participation in these experiential learning opportunities, educators and students acquired real-world knowledge about environmental preservation and enhanced their understanding of the natural world. The event was a great success in reaching its goals of raising awareness of environmental issues, getting participants involved in hands-on conservation work, and encouraging a team effort to address environmental problems.

All things considered, "Puneet Sagar Abhiyaan and World Environment Day" was a noteworthy occasion that had a long-lasting effect on the attendees and the larger community. It reaffirmed the significance of group efforts in protecting the environment and motivated people to carry on promoting and engaging in sustainable living.

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No. of Participants: 165

## PHOTO GALLERY



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**(b) 29.05.2023 to 05.06.2023**

## EVENT TITLE: PUNEET SAGAR ABHIYANN AND WORLD ENVIRONMENT DAY

ORGANIZED BY: NCC Jangipur College

DATE: 29.5.2023 - 05.06.2023

### PROGRAM SCHEDULE:

Day 1: Inauguration Program and College Campus Cleaning

Day 2: Tree Plantation Program Surrounding College Premises

Day 3: Hospital Cleaning Program at Jangipur

Day 4: Rally for Environmental Consciousness

Day 5: Bus Stand Cleaning Program at Jangipur

Day 6: Environmental Awareness Program

Day 7: Puneet Sagar Abhiyan and Ganga Cleaning Program

### OBJECTIVES:

#### 1. Promote Environmental Awareness and Responsibility:

To educate participants about the importance of environmental conservation and sustainability. The event aims to raise awareness on various environmental issues such as pollution, deforestation, and climate change, encouraging participants to adopt eco-friendly practices and take responsibility for protecting the environment.

#### 2. Engage in Practical Environmental Activities:

To involve participants in hands-on activities that contribute to environmental preservation. Through tree plantation, campus and community cleaning programs, and rallies for environmental consciousness, the event seeks to provide practical experience in environmental stewardship and demonstrate the positive impact of collective action.

#### 3. Foster Community Involvement and Collaboration:

To strengthen the sense of community and teamwork among participants. By engaging students, faculty, and local residents in a series of coordinated activities, the event aims to promote collaboration and collective effort in tackling environmental challenges, fostering a united and proactive approach towards environmental conservation.

### SHORT DESCRIPTION OF THE EVENT:

The NCC Jangipur College Unit organized a comprehensive environmental initiative titled "Puneet Sagar Abhiyan and World Environment Day" from May 29, 2023, to June 5, 2023.

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This week-long event aimed to raise environmental awareness and encourage proactive environmental stewardship among students, faculty, and the local community. A total of 122 participants actively engaged in various programs and activities designed to promote sustainability and environmental responsibility.

Day 1: The event commenced with an inauguration program that set the tone for the week. This was followed by a college campus cleaning drive where participants worked together to clean and beautify the campus, emphasizing the importance of maintaining a clean and healthy environment.

Day 2: A tree plantation program was organized around the college premises. Participants planted various species of trees, learning about the significance of afforestation and its role in combating climate change and enhancing biodiversity.

Day 3: The initiative extended to the local hospital in Jangipur, where participants conducted a thorough cleaning program. This activity not only helped improve the hospital's hygiene but also highlighted the importance of clean and sanitary public health facilities.

Day 4: A rally for environmental consciousness was held, with participants marching through the streets of Jangipur carrying banners and placards with messages about environmental protection. The rally aimed to raise public awareness about pressing environmental issues and inspire the community to adopt eco-friendly practices.

Day 5: The cleaning program continued at the Jangipur bus stand. Participants worked together to clean the area, demonstrating the impact of community involvement in maintaining public spaces and encouraging others to keep their surroundings clean.

Day 6: An environmental awareness program was conducted, featuring talks and interactive sessions on various environmental topics. Experts and activists shared insights on sustainability, waste management, and the importance of preserving natural resources, enriching the participants' understanding of environmental issues.

Day 7: The week concluded with the Puneet Sagar Abhiyan and Ganga Cleaning Program. Participants gathered at the banks of the Ganga River to clean the area, removing waste and pollutants. This activity underscored the critical need to protect water bodies from pollution and maintain their sanctity for future generations.

Throughout the week, the event fostered a strong sense of community and collaboration among participants. By engaging in these hands-on activities, students and faculty members gained practical experience in environmental conservation and developed a deeper appreciation for the environment. The event successfully achieved its objectives of promoting environmental awareness, involving participants in practical conservation activities, and fostering a united approach to tackling environmental challenges.

Overall, "Puneet Sagar Abhiyan and World Environment Day" was a significant event that left a lasting impact on the participants and the broader community. It reinforced the importance of collective effort in environmental preservation and inspired many to continue advocating for and practicing sustainable living.

**NO. OF PARTICIPANTS: 122**

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## PHOTO GALLERY OF THE EVENT:





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## 7. FREE HEALTH CHECK-UP CAMP AT ADOPTED VILLAGE

### EVENT TITLE: FREE HEALTH CHECK-UP CAMP AT ADOPTED VILLAGE

ORGANIZED BY: NSS Jangipur College Unit

DATE: 24.10.2022

#### OBJECTIVES:

##### 1. Provide Accessible Healthcare Services:

To offer comprehensive health check-ups and basic medical services to the residents of the adopted village, Dhanpatnagar. This includes routine examinations, screenings for common ailments, and distribution of essential medicines, ensuring that community members receive necessary medical attention and care.

##### 2. Raise Health Awareness and Education:

To educate villagers about common health issues, preventive measures, and the importance of maintaining a healthy lifestyle. This involves conducting informative sessions on nutrition, hygiene, and disease prevention, empowering the community with knowledge to improve their overall health and well-being.

##### 3. Identify and Address Health Needs:

To identify prevalent health issues within the community and provide appropriate referrals for further treatment. By conducting thorough health assessments, the camp aims to detect any underlying health conditions early and guide patients to suitable healthcare facilities or specialists for continued care.

#### SHORT DESCRIPTION OF THE EVENT:

On October 24 2022, the National Service Scheme (NSS) unit of Jangipur College organized a "Free Health Check-Up Camp" at the adopted village of Dhanpatnagar, located in the Raghunathganj police station area, Murshidabad district, West Bengal, India. The event was held in Ward No. 08, with the participation of 28 dedicated volunteers from the NSS unit, including students and faculty members.

The primary objective of the health check-up camp was to provide accessible healthcare services to the residents of Dhanpatnagar. Medical professionals and volunteers conducted comprehensive health examinations, including routine check-ups, blood pressure monitoring, and screenings for common ailments. The camp also distributed essential medicines to those in need, ensuring that villagers received immediate medical attention and care. This initiative aimed to bridge the gap in healthcare accessibility for the rural population, offering them quality medical services at their doorstep.

Another significant goal of the camp was to raise health awareness and education among the villagers. Informative sessions were conducted on various health topics, including nutrition, hygiene, and disease prevention. Medical professionals and volunteers engaged with

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community members, providing valuable insights into maintaining a healthy lifestyle. The sessions emphasized the importance of regular health check-ups, balanced diets, and good hygiene practices. By empowering the villagers with knowledge, the camp aimed to promote a culture of health consciousness and preventive care within the community.

The health check-up camp also focused on identifying and addressing the specific health needs of the community. Through thorough health assessments, the camp aimed to detect any underlying health conditions early. Medical professionals provided appropriate referrals for further treatment, guiding patients to suitable healthcare facilities or specialists for continued care. This proactive approach was crucial in ensuring that health issues were addressed promptly, preventing potential complications and improving the overall well-being of the villagers.

Interactive activities and discussions were organized to engage the community and enhance their understanding of health-related issues. Volunteers assisted in managing the logistics, guiding patients through the various check-up stations, and ensuring that the camp ran smoothly. The event fostered a sense of community and solidarity, highlighting the importance of collective efforts in addressing public health challenges.

The "Free Health Check-Up Camp" at Dhanpatnagar was a significant step towards improving the health and well-being of the village residents. The NSS unit of Jangipur College demonstrated commendable leadership and organizational skills, successfully executing an event that provided essential healthcare services and valuable health education to the community.

Overall, the health camp was a resounding success, leaving a lasting impact on the participants and the local community. It underscored the power of voluntary action and the crucial role of education and awareness in promoting health and well-being. The event served as a model for future health initiatives, contributing to a healthier and more resilient society.

**NO. OF PARTICIPANTS: 28**

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## PHOTO GALLERY OF THE EVENT:



### বাড়ি বাড়ি গিয়ে বয়স্কদের বিনামূল্যে চিকিৎসা প্রদান



পাঁচ অক্টোবরী ● জঙ্গিপুর্ কলেজের অধীনে বাডি বাডি গিয়ে বয়স্কদের অমূল্য বিনামূল্যে চিকিৎসা প্রদান কার্যক্রম সেরা গুরুত্বপূর্ণ। জঙ্গিপুর্ কলেজ এনএসইসি ইউনিট এর তরফ থেকে একটি অন্যতম উদ্যোগ নেওয়া হয়।

সেদিনের জঙ্গিপুর্ কলেজ এনএসইসি ইউনিটের সীটে দায়িত্বভার গ্রহণ করলেন ড. বিহারেশ্বর। এই দিনে বয়স্কদের স্বাস্থ্য পরীক্ষা করে নেওয়া হয়।

এই ইউনিট-এর এক দায়িত্ব পূর্ণিকারী হিসেবে, আমরা দুই বছর ধরে আয়োজন করে নিয়েছি। পরবর্তীতে আমরা আরও বেশি মানুষের নিশ্চেষ্টতা করে।



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## 8. FREE EDUCATION PROGRAM

### EVENT TITLE: FREE EDUCATION PROGRAM

ORGANIZED BY: NSS Jangipur College Unit

DATE: 20.11.2022, 18.12.2022, 09.04.2023 and 16.04.2023

PLACE: Khudiram Pally, Jangipur Municipality

### OBJECTIVES:

#### 1. Enhance Educational Opportunities for Underprivileged Children:

To provide quality educational resources and support to children from economically disadvantaged backgrounds in Chhota Kalia. This includes offering supplementary lessons, tutoring, and access to learning materials to bridge educational gaps and improve academic performance.

#### 2. Promote Literacy and Lifelong Learning:

To foster a culture of literacy and a love for learning among the children in the community. By engaging students in interactive and enjoyable educational activities, the program aims to inspire a lifelong passion for education and personal development.

#### 3. Empower the Community through Education:

To empower the local community by raising awareness about the importance of education and encouraging parental involvement in their children's learning. The program seeks to build a supportive environment where education is valued and actively pursued, thereby contributing to the overall development and upliftment of the community.

### SHORT DESCRIPTION OF THE EVENT:

The NSS Unit of Jangipur College organized a series of Free Education Programs on November 20, 2022, December 18, 2022, April 9, 2023, and April 16, 2023, at Khudiram Pally, Jangipur Municipality. This initiative was a significant step towards addressing educational disparities in the local community, with a focus on providing quality education to underprivileged children.

The program saw the active participation of 22 dedicated volunteers who committed their time and efforts to teaching and mentoring the children. The sessions were meticulously planned to cover various subjects, including basic literacy, arithmetic, science, and social studies. Additionally, the curriculum included activities designed to enhance critical thinking, creativity, and social skills.

The primary objective of this program was to bridge the educational gap faced by children in marginalized communities. By offering free educational support, the NSS volunteers aimed to provide these children with opportunities for academic growth and personal development. The sessions were held in a conducive learning environment, ensuring that the children received individual attention and support.

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Each session began with an interactive session to engage the children and assess their learning needs. The volunteers used innovative teaching methods, including storytelling, games, and hands-on activities, to make learning enjoyable and effective. Emphasis was placed on fostering a love for learning and encouraging the children to think independently.

The program also included sessions on health and hygiene, environmental awareness, and moral education. These sessions aimed to equip the children with essential life skills and instill values of cleanliness, respect, and responsibility. The holistic approach ensured that the children not only improved academically but also grew as well-rounded individuals.

Feedback from the community and the participants was overwhelmingly positive. Parents appreciated the initiative, noting significant improvements in their children's academic performance and enthusiasm for learning. The children eagerly looked forward to the sessions, demonstrating increased confidence and curiosity.

The Free Education Program by the NSS Unit of Jangipur College has had a profound impact on the lives of these children. It has provided them with the tools and motivation to pursue their education and dreams. The program is a testament to the power of community service in bringing about positive change and highlights the commitment of the NSS volunteers to the betterment of society.

In conclusion, the Free Education Program was a resounding success, reflecting the NSS Unit's dedication to serving the community and fostering educational equity. The initiative has set a foundation for continued support and has inspired further efforts to uplift and empower underprivileged children through education.

**NO. OF PARTICIPANTS: 22**

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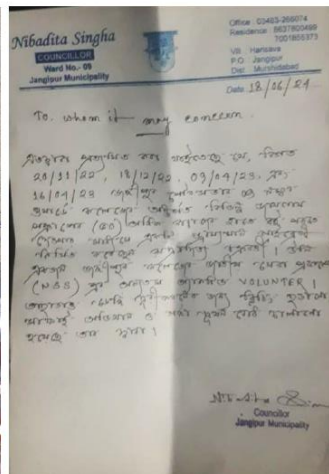
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### PHOTO GALLERY OF THE EVENT:



**Dr. Prarthita Biswas**  
Principal  
Jangipur College

**Principal**  
**Jangipur College**  
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